

# Deepak Chopra visits Fuji Sanctuary

a special report

On November 6, Fuji Sanctuary was honored to welcome Deepak Chopra, (third person from the right in the photo) renowned author and speaker in the field of alternative medicine and spirituality. Over his career, Dr. Chopra has authored more than 50 books, both fiction and nonfiction, which have been translated into over 35 languages.



He is a regular contributor to the San Francisco Chronicle, the Washington Post, and the Huffington Post online journal, and hosts a weekly Wellness Radio program on Sirius satellite radio. He is a fellow of the American College of Physicians, a member of the American Association of Clinical Endocrinologists, Adjunct Professor at the Kellogg School of Management, and Senior Scientist with The Gallup Organization. In 1996, Dr. Chopra established the Chopra Center for Well Being in California, and in 2009, he established the Chopra foundation, with a mission “to advance the cause of mind/body spiritual healing, education, and research.”

Dr. Chopra was in Japan to accept the 2010 Goi Peace Award in Tokyo, and kindly set aside some time to visit Fuji Sanctuary. Joining Dr. Chopra were his wife, Rita, and several family members and friends. Dr. Chopra’s group was taken on a brief tour of Fuji Sanctuary, and then viewed exhibits showing the history and activities of Byakko Shinko Kai. They were introduced to Byakko’s 7-21 activity, in which prayers for peace in all the countries of the world are handwritten thousands of times on large 7m x 21m sheets of paper, and the visitors added their prayers for various countries. After this, the group viewed a video of the 2007 Symphony of Peace Prayers ceremony at Fuji Sanctuary.

After lunch, Dr. Chopra met briefly with Byakko Chairperson Masami Saionji. The following is an excerpt from their discussion:

**Dr. Chopra:** My background is medicine, so I've always been interested in healing. I've always believed that in nature, there are mechanisms for self-regulation, self-healing, evolution, and creativity. And so, since our biological organism is also part of nature, we are part of the evolutionary impulse that already exists in nature. We have a nervous system that is unique in that we are conscious of our consciousness. I think consciousness is inherent in life but because we are conscious of our consciousness, I think we have the opportunity to participate in the future evolution of the universe because it is through us that the universe is becoming conscious of itself. This is a very unique time in history, a time when we can see the connection between our consciousness and the underlying field of nature through which nature evolves. We know a lot about consciousness now. It's a field of possibilities, it's a field of correlation and a field of creativity. It's also an intention field. Our intentions, when they are grounded in consciousness, have a very powerful influence in allowing the field to take leaps of creativity. So, it's good to be here and see the collective power of intention that is being harnessed through prayer and through intention for the whole world.

**Masami Saionji:** I am so honored to welcome you here, and I can feel all the natural life here at Fuji Sanctuary rejoicing over your visit—Mount Fuji and all the trees and flowers are so happy that you are here. Even though we work in different fields—medicine and spirituality—we have much in common and I hope that we can work together.

**Dr. Chopra:** Thank you. I feel very privileged to be here.

**Masami Saionji:** Our staff and all the volunteers who are here today are also very uplifted by your visit. Even if they don't have a chance to speak with you, they can feel the depth of your sincerity and what you have been working for. All of them feel very happy to be able to come in touch with your vibration. The consciousness of our staff will also expand and evolve thanks to your visit.

**Dr. Chopra:** I could feel a lot of energy here today, a lot of peace. I can feel that a lot of people have put their intention collectively here, so you can feel the power, the presence of their consciousness. It's a wonderful place to be. It was wonderful to be with all of you and to feel your peace, your purity, and your one-pointed intention. Now, all we need is for that intention to reach a critical mass. And if that happens, maybe we will see a transition in the world. Once again, thank you.