

FujiSaNkTos



'Fuji Sanktos' is Greek for 'Fuji Sanctuary,' and it is the name of Fuji Sanctuary's children's program.

Fuji SaNkTos is a program of self-discovery. Through various activities, children learn the importance of living in harmony with nature and all living things, and they learn to see that they are a part of the living entity called planet Earth.

Fuji SaNkTos was started in 2009 under the guidance of Mr. Joaquín Leguía from Peru, the Founder and Executive Director of the Association for Children and their Environment (ANIA), an organization that encourages children to take part in improving their environment, learning to nurture and embrace life in the process.

In the Fuji SaNkTos program, we observe the following three guidelines set for children by Masahisa Goi, the late founder of Byakko Shinko Kai.

1. Do not disturb others.
2. Try to take care of things by yourself.
3. Do as much as you can to help others.

Fuji SaNkTos is for children ages 6-12, and it is held one or two days each month, usually from April to December, in a designated part of Fuji Sanctuary. Children and volunteers can apply in April for yearly membership in the program.

Fuji SaNkTos is a program of **Byakko Shinko Kai**
812-1 Hitoana, Fujinomiya,
Shizuoka 418-0102 Japan

'Fuji SaNkTos' aims to offer children:

F...fun (a fun place to come)

S...spirituality (a place to enhance their spirituality through nature)

N...nurture life (place to learn the importance of all life on Earth)

T...truth (a place to realize their own true nature)



Making Signs

As one of the programs, children made signs for the different areas. Adult volunteers cut the wood and children painted the signs in color. They look great!



On a hot summer day, children enjoyed a water slide!



They put down a large blue plastic sheet and ran water over it.



What fun to slide in cool water!



In spring, children played around the pond, enjoying the spring air.



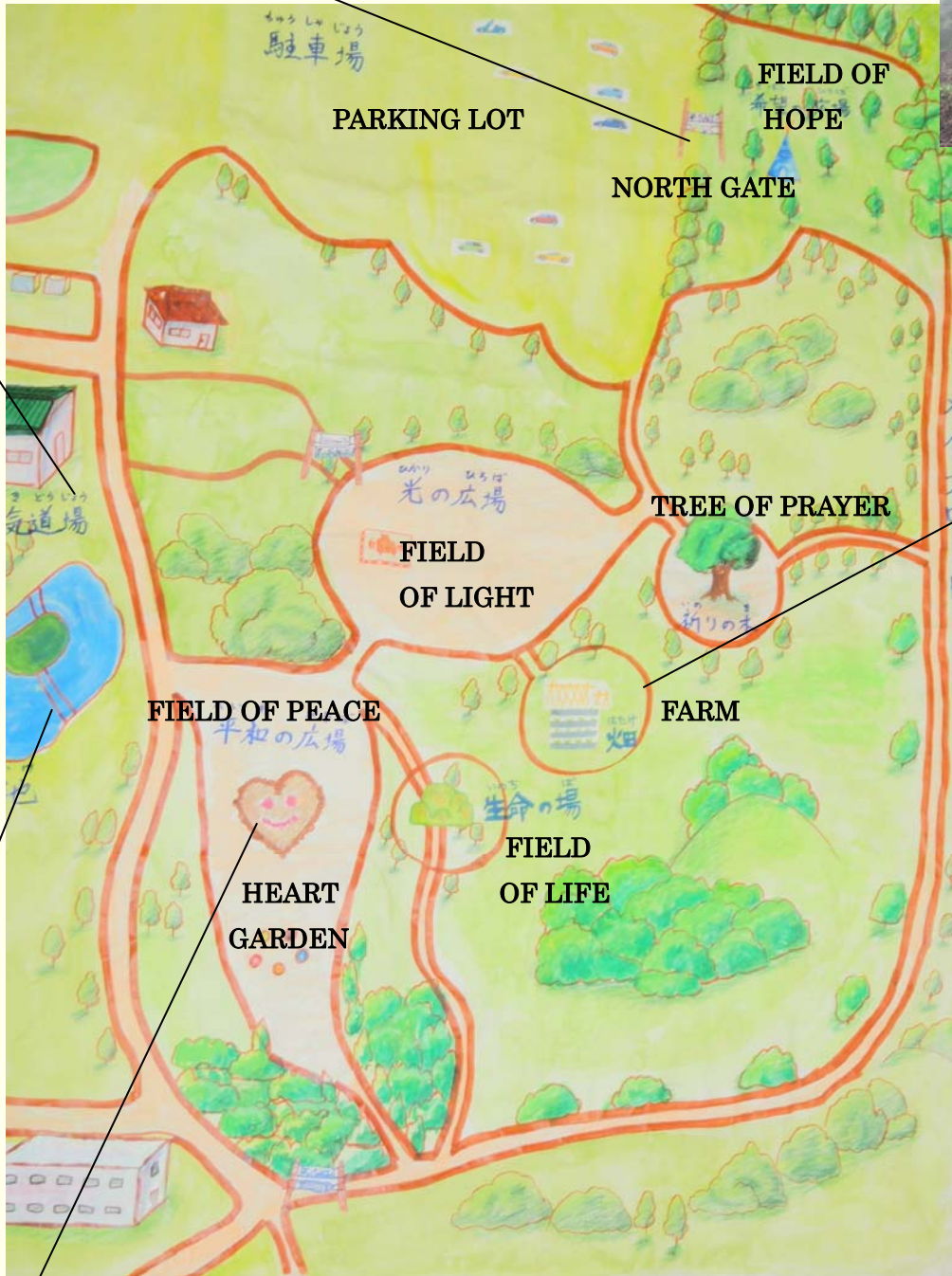
They also made a heart-shaped flower garden!

The World of

FujiSaNkTos

Building a garden and planting seeds

Children learned about organic agriculture, from preparing a garden to growing vegetables from seeds. The photos below tell the story.



First, they cultivated soil, getting rid of big stones and tree roots.



They spread lime...



Then built garden beds and planted vegetable seeds.



They made a scarecrow to watch over the farm!

They cooked some of the vegetables and made a salad. Delicious!



They harvested 21 bunches of beans, 3 small cucumbers and some red radishes and leaves!